

## **OC Aikido Training Schedule**

Monday	Sensei Michael Padilla	6:30pm – 7:30pm	Children & Family Class
		7:45pm – 8:45pm	Open Adults
Tuesday	Senpai Filipe Vosough	6:00pm – 7:00pm	Fundamentals and Conditioning Class
	Sensei Mitch Maeda	7:10pm – 8:10pm	Aikido / Boxing
Wednesday	Sensei Tyson Rath	6:30pm – 7:30pm	Children & Family Class
		7:40pm – 8:40pm	Open Adults
Thursday	Professor Jon	6:30pm – 8:30pm	<ul> <li>JiuJitsu</li> <li>Not a stand-alone class, must have a current Aikido membership</li> <li>Participants must be 10 yrs of age or older</li> </ul>
Friday	Sensei Brandon Ishisaka	5:30pm – 6:30pm	Children & Family Class
		6:45pm – 8:30pm	Advanced Kids & Open Adults Class
Saturday	Sensei Sora Leung	9:30am – 10:30am	Children & Family Class
Sunday	Sensei Sora Leung	10:00am – 11:00am	Aikido / Weapons class

Zoom ID: 557-449-027 Updated Jan 2025