



# OC Aikido Training Schedule

<b>Monday</b>	Sensei Michael Padilla	6:30pm – 7:30pm	<b>Children &amp; Family Class</b>
		7:45pm – 8:45pm	<b>Open Adults</b>
<b>Tuesday</b>	Senpai Filipe Vosough	6:00pm – 7:00pm	<b>Fundamentals and Conditioning Class</b>
	Sensei Mitch Maeda	7:10pm – 8:10pm	<b>Aikido / Boxing</b>
<b>Wednesday</b>	Sensei Tyson Rath	6:30pm – 7:30pm	<b>Children &amp; Family Class</b>
		7:40pm – 8:40pm	<b>Open Adults</b>
<b>Thursday</b>	Professor Jon	6:30pm – 8:30pm	<b>JiuJitsu</b> <ul style="list-style-type: none"><li>• Not a stand-alone class, must have a current Aikido membership</li><li>• Participants must be 10 yrs of age or older</li></ul>
<b>Friday</b>	Sensei Brandon Ishisaka	5:30pm – 6:30pm	<b>Children &amp; Family Class</b>
		6:45pm – 8:30pm	<b>Advanced Kids &amp; Open Adults Class</b>
<b>Saturday</b>	Sensei Brandon Ishisaka	9:30am – 10:30am	<b>Children &amp; Family Class</b>
<b>Sunday</b>			<b>No classes</b>